

	Sun 1/29	Mon 1/30	Tue 1/31	Wed 2/1	Thu 2/2	Fri 2/3	Sat 2/4
6am		6am - Practic e	6am - Practic e	6am - Practic e	6am - Practic e	6am - Practic e	6am - Practice
7am							6:30am - Practice (Opens Only)
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm	2pm - Practic e	2pm - Practic e					
3pm							
4pm		4pm - Practic e	4pm - Practic e	4p m - Pra ctic e	4pm - Weight s	4 p m - Pra ctic e	4 p m - Pra ctic e
5pm				4: 30pm - Practic e		4 p m - Pra ctic e	4 p m - (N o
6pm			6pm - Practice				4 p m - Pr

	Sun 2/5	Mon 2/6	Tue 2/7	Wed 2/8	Thu 2/9	Fri 2/10	Sat 2/11
	Manawatu	OFF Waitangi OFF Waitangi OFF Waitangi					
6am			6am - Practice	6am - Practice	6am - Practice	6am - Practice	
7am			6am - Practice	6am - Practice	6am - Practice	6am - Practice	6:30am - Practice (Opens Only)
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm			4pm - Practice	4pm - Practice	4pm - Practice	4pm - Practice	
5pm			4:30pm - Practice	4:45pm - Weights	4pm - Practice @	4:30pm - Practice	
6pm			6pm - Practice			5:30pm - Practice	5:30pm

	Sun 2/12	Mon 2/13	Tue 2/14	Wed 2/15	Thu 2/16	Fri 2/17	Sat 2/18
						Tier 1's @	SW Harbour
6am		6am - Practic e	6am - Practic e	6am - Practic e	6am - Practic e	6am - Practic e	6am - Practice
7am							
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm	2pm - Practic e	2pm - Practic e					
3pm							
4pm		4pm - Practice @ Wellington Regional Aquatic Centre, 63 Kilbirnie	4p m - Pra ctic e	4p m - Pra ctic e	4p m - Pra ctic e @	4pm - Practice	
5pm			4: 30p m - Pra ctic e	4: 45p m - Wei ght s			
6pm			6pm - Practice				

	Sun 2/19	Mon 2/20	Tue 2/21	Wed 2/22	Thu 2/23	Fri 2/24	Sat 2/25
6am		6am - Practic e	6am - Practic e	6am - Practic e	6am - Practic e	6am - Practic e	
7am		6am - Practic e	6am - Practic e	6am - Practic e	6am - Practic e	6am - Practice	6:30am - Practice (Opens Only)
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm	2pm - Practic e	2pm - Practic e					
3pm							
4pm		4pm - Practice @ Wellington Regional Aquatic Centre, 63 Kilbirnie	4p m - Practic e	4p m - Practic e	4p m - Practic e @	4pm - Practice	
5pm			4: 30p m - Practic e			4: 30 p m - Practic e	
6pm			6pm - Practice	4: 45p m - Wei ghts		5: 30 p m	5: 30 p m

	Sun 2/26	Mon 2/27	Tue 2/28	Wed 3/1	Thu 3/2	Fri 3/3	Sat 3/4
6am		6am - Practic e	6am - Practic e				
7am							
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm	2pm - Practic e	2pm - Practic e					
3pm							
4pm		4pm - Practice @ Wellington Regional Aquatic Centre, 63 Kilbirnie	4p m - Pra ctic e				
5pm			4: 30p m - Pra ctic e				
6pm			6pm - Practice				
			4: 45p m - Wei ght s				